[The **Foundation framework** is a **front-end framework** that integrates classic web design languages such as **HTML** and **CSS** with other tools and controls, providing a **responsive environment for design**1](https://www.techopedia.com/definition/27553/foundation-framework). Here are **five free resources** where you can learn more about Foundation:

1. [**Foundation Tutorials**](https://get.foundation/learn/tutorials.html): Get started building amazing websites with Foundation. [Explore video tutorials covering CSS, Sass, JavaScript, and more](https://www.techopedia.com/definition/27553/foundation-framework)[2](https://get.foundation/learn/tutorials.html).
2. [**Foundation Crash Course**](https://www.freecodecamp.org/news/foundation-crash-course/): Learn everything about Foundation by ZURB in this beginner-friendly crash course[3](https://www.freecodecamp.org/news/foundation-crash-course/).
3. [**Foundation Official Website**](https://get.foundation/): Dive into Foundation’s XY grid, UI components, best practices, and JavaScript helpers[4](https://get.foundation/).
4. [**Swift.org - Swift Core Libraries**](https://www.swift.org/documentation/core-libraries/): Understand the Foundation framework’s base layer of functionality, which is essential for almost all applications[5](https://www.swift.org/documentation/core-libraries/).
5. [**The Difference Between a Framework and a Library**](https://www.freecodecamp.org/news/the-difference-between-a-framework-and-a-library-bd133054023f/): Learn about the distinction between frameworks and libraries in web development[6](https://www.freecodecamp.org/news/the-difference-between-a-framework-and-a-library-bd133054023f/).

Happy learning! 🌟